

Dear Families:

We are excited to welcome you to Options & Advocacy/Child and Family Connections #25/HUG Playgroups!

- Our playgroups are designed to help prepare children for preschool and other structured group activities by offering free play, circle time/story time, motor activities, crafts and a snack.
- Our playgroups provide a “no pressure” environment that strives to support children and families in structured group settings.
- Our playgroups include a variety of activities that we will teach you to implement into your daily routines.

#### GETTING THE MOST OUT OF PLAY GROUPS

- Actively participate in activities with your child.
- Practice turn-taking and waiting for a turn.
- Increase vocabulary with monthly theme related words.
- Use hand over hand to assist your child in participating in all activities.
- Invite your service providers to attend playgroup.

#### HELPFUL TIPS

- Remember that playgroup may not go smoothly the first few times and that’s OK!!
- Allow time for movement if your child has a hard time sitting but encourage staying with the group when possible.
- Feel free to ask questions!!
- Have fun! Enjoy this time with your child!