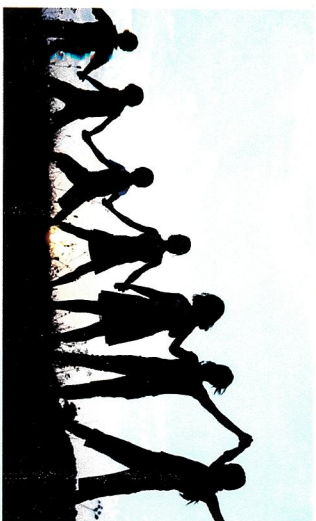


**Embrace  
Educate  
Empower**



**The AUTISM  
Resource Center**



**Visit our website:**  
[www.optionsandadvocacy.org](http://www.optionsandadvocacy.org)



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Crystal Lake, IL 60012**

**For any additional  
questions or concerns  
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(815) 477-4720 ext. 254  
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Coordinator at:  
(815)477-4720 ext. 254  
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# WHO WE ARE

Options and Advocacy's Autism Resource Center (ARC) supports individuals who **have a diagnosis, or are suspected of, having a diagnosis of autism**. ARC takes a family centered, systems based approach to provide opportunities for families to connect socially. Our center is **open to McHenry County residents**. Our supports are available **throughout the lifespan**.

"Empowering individuals and their families through advocacy and education while creating a more inclusive community."



# WHAT

## SERVICES

### Family Education

Advocacy based case management. Short term program that will take several months to develop specific goals to increase support and knowledge related to autism specific needs.

### Educational Advocacy

Our advocates work with students, parents, and school team as partners. Advocates are able to provide evidence based recommendations, assist in navigating special education process, and model effective advocacy strategies.

### Community Education

Provide trainings, collaboration, unique community supports, team and individual consultations.



# HOW WE SUPPORT

## Support Groups

We offer a comprehensive support network that includes evidence-based **Social Empowerment** groups encouraging self-acceptance and relationship-building. Our array of support groups is customized to cater to the unique needs of clients, caregivers, and siblings. Moreover, our supervised **Hang Out Groups** offer children and teens a structured, supportive space to socialize and have fun.