Dear Families:

We are excited to welcome you to Options & Advocacy/Child and Family Connections #25/HUG Playgroups!

* Our playgroups are designed to help prepare children for preschool and other structured group activities by offering free play, circle time/story time, motor activities, art, and a snack.
* Our playgroups provide a “no pressure” environment that strives to support children and families in structured group settings.
* Our playgroups include a variety of activities that we will help you to implement into your daily routines.

GETTING THE MOST OUT OF PLAYGROUPS

* Actively participate in activities with your child.
* Practice turn-taking and waiting for a turn.
* Increase vocabulary with monthly theme related words.
* Use hand over hand to assist your child in participating in all activities.
* Invite your service providers to attend playgroup.

HELPFUL TIPS

* Remember that playgroup may not go smoothly the first few times and that’s OK!!
* Allow time for movement if your child has a hard time sitting but encourage staying with the group when possible.
* Don’t worry if your child is not ready to participate in playgroup; this is a safe place to explore.
* Routine & exposure are important to a child’s development; bringing your child to playgroup regularly helps their skills.
* This is a great opportunity to network and build your village of support.
* Feel free to ask questions!!
* Have fun! Enjoy this time with your child!