

Options & Advocacy
BOARD OF DIRECTORS MEETING
Friday, May 24, 2024 – 12:00 pm
Via hybrid and Zoom

12:00 p.m.– Call to Order

CONFLICT OF INTEREST DISCLOSURE:

CONSENT AGENDA:

Board Meeting Minutes: April 26, 2024

Action Item:

X

Approved:

SPECIAL GUEST: Angela Krambeer, CFC Parent Liaison & LIC/ECN Coordinator

EXECUTIVE DIRECTOR'S REPORT:

OLD BUSINESS: None

NEW BUSINESS:

1. Incident Reports-review

UPCOMING EVENTS/Important Dates:

- See agency Hot Sheet (in board packet)
- July 11th-Staff retreat
- July 18th-Annual Community Picnic & Resource Fair at Woodscreek Park, Crystal Lake from 3-6 pm
- Aug. 12th-Referral Partners 2nd Annual Charity Golf Outing at Crystal Lake Country Club
- Nov. 16th-30th Anniversary, Masquerade Ball, Boulder Ridge Country Club

COMMITTEE REPORTS:

1. Fundraising/Fund Development/Volunteer: Mike Thomas and Janine Kerin
2. Governance: (Personnel/Bylaws): Mike Thomas, Jeff Seda and Jen Wollpert
3. Board Development: Mike Thomas and Jon Kaufman
4. Finance: Jeff Seda (Treasurer) and Jane Zamudio
 - April Financials

PROGRAM REPORTS: Kayla Valdes, CFC Service Coordinator, Talia Vargas, HUG Family Support Specialist, Courtney Behrens, NIC Program Manager, & Christine Neilsen, ARC Lead Family Educator

Other:

Next meeting: June 28th, 2024, 9:00 am Retreat/Annual Meeting

Options & Advocacy
BOARD OF DIRECTORS MEETING
Minutes
Friday, April 26, 2024

Meeting was conducted Hybrid via Vonage Teleconference.

BOARD MEMBERS PRESENT: Mike Thomas, Jeff Seda, Jane Zamudio, Jon Kaufman, Janine Kerin, Shabbir Kapadia, Jen Wollpert, and Mel Bruett

ABSENT: Tom Carroll

STAFF MEMBERS PRESENT: Winter Noe, Executive Director, Marie Humphrey, Business Finance Manager, and Tiffany Valkema, ARC Program Manager

CALL TO ORDER: The meeting was called to order at 12:05 pm by Board President Mike Thomas. A quorum was established.

CONFLICT OF INTEREST DISCLOSURE: None

CONSENT AGENDA:	Action Item:	Approved:
Board Meeting Minutes: March 22, 2024	X	X

Corrections: Under new business, item #3 should be Knowledgeable Billing and under other, item #2 should be showed not shoe.

Jeff Seda made a motion to accept the consent agenda with corrections; motion seconded by Jane Zamudio. Motion to accept the meeting minutes passed by majority.

SPECIAL GUEST: Tiffany Valkema, ARC Program Manager

- Shared about her experience and background; Has BA in Elementary Education; Masters in Special Education; Has worked in Special Education field for over 17 yrs.;
- Worked in school district 200; knew about O&A and felt it was a positive relationship with district;
- Learning about other networks providers in our community; trying to build relationships;
- Winter commented: she has done a wonderful job; she has had lots of experiences since she started; she is efficient and organized; Staff has embraced her and her leadership;

EXECUTIVE DIRECTOR'S REPORT: Besides what was contained in her board report, Winter discussed the following:

- Payments on time; Just submitted NIC Feb. draw request; CFC & HUG are nearing end of fiscal year, so looking at budgets;
- CFC amendment due May 1; this year CFC will receive the full award amount; due to frugal spending this year there is money left so will move excess money to staff salaries;
- HUG will also have some money to move around, not as much as CFC
- ARC had audit, which went well; Tiffany did well preparing & addressing questions
- Tiffany will be moving her office to the smaller sensory room space & the sensory room will move to her old larger office
- All teams are complete; NIC just hired a new PT Bilingual therapist.
- No major fundraising in this quarter but looking good; No Foglia donation for FY25 so need to up our game at the golf outing and the masquerade ball.
- Stefanie Sullivan Joyful Arts Program will be having a garage sale in May with all monies raised going back to program
- Have been attending Chamber mixers and events; giving out fundraising folders at these events
- Will drop off some fundraising folders for each of the board members
- Give Butter is up and can receive sponsors & donors; will add 30th logo to page when ready

- Jane presented at last staff meeting on Trauma; it was very well received; Jane commented that the staff was very engaged; She presented on secondary trauma & how it can effect their work directly; what to do to feel better- such as yoga & breathing exercises; Did breakout groups to talk about what staff can do for themselves & how O&A can help with secondary trauma; Winter has received feedback from staff about the presentation, feedback is included in her board report; One suggestion was to add mental health PTO days;
- HUG received a \$52,000 grant from PAT for professional development; HUG staff just completed a 40-hr. domestic violence training at Turning Point;
- Continuing to visit & implement Cultural Humility Policy, Equity Policy, etc.
- Board is encouraged to share photos of themselves for the website
- Board asked about times to meet staff; monthly staff meetings are good opportunity; board also did BBQ for staff a few years ago; Perhaps can do survey to find out what would be best time for board & staff to meet;
- Next all staff is May 9th at 9:30 at the Community Foundation; will be doing safety training
- Will continue to update board portal on website; password is Opadboard

OLD BUSINESS: None

NEW BUSINESS:

1. Reception Window replacement quotes:
Presented 2 quotes (included in board packet): One from TTS bulletproof, from Michigan & the other from CW Kneeland Glass, local; Discussed that local company better option to work with because they do the job from start to finish; Motion to approve the CW Kneeland quote by Jeff Seda and seconded by Jon Kaufman; motion passed unanimously; Marie will contact Peter from CW Kneeland to start the process;
Was discussed to look into replacing entry doors and back employee entrance doors with bulletproof glass;
2. Discussed increases for CFC staff due to money in budget; HUG will also be getting increases; this will include Marie & Maria; The raises will be 10-15%; is Winter included in this? No because she can't approve her own increase;

Motion to go into executive session by Jen Wolpert and seconded by Jane Zamudio. Motion passed unanimously. Went into Executive Session at 12:53 pm and returned at 1:08 pm.

UPCOMING EVENTS:

- See agency Hot Sheet (in board packet)
- Holding off on Pickleball tournament due to golf outing in Aug.; looking at spring at Pickleball Haus in Algonquin
- Caregiver Support Group is going well; more participation; we facilitate encouraging families to support each other.

COMMITTEE REPORTS:

1. **Fundraising/Fund Development/Volunteer:** Mike Thomas and Janine Kerin – discussed earlier; Nov. 16th will be 30th Anniversary Masquerade Ball; fundraising committee notes included in board packet.
2. **Governance:** (Personnel/Bylaws): Mike Thomas, Jeff Seda and Jen Wollpert-no new business
3. **Board Development:** Mike Thomas & Jon Kaufman – Jeff spoke to someone who works at Crystal Lake Bank & Trust who is interested in being on the board (he is currently on the CL Chamber board); Jeff will him send information that Winter & Marie sent;
4. **Finance:** Jeff Seda (Treasurer) & Jane Zamudio–
March Financials: The finance committee met April 23rd to review March's financial statements. Balance sheet looks good; Payments have been coming in regularly. Motion was made by Jeff Seda to approve March's financial reports subject to audit; Jon Kaufman seconded the motion. Motion carried unanimously.

QUARTERLY PROGRAM REPORTS: Susan Beckman, CFC Program Manager, Elyse Sereyka, HUG Program Manager, & Courtney Behrens, NIC Program Manager, and Tiffany Valkema, ARC Program Manager;

Discussion about how HUG is getting quite a few new referrals; Discussing possibly adding new staff person if next year's budget allows; Jen said they have the same program at Dist. 200 and they have 4 staff, so she can see why it would be difficult for 6 staff to cover all of McHenry County.

NIC report informative, but can Courtney explain acronyms and remind us of what clinic is all about

Can Angela be next month's guest, so we can learn more about the Parent Liaison & ECN/LIC Coordinator.

Other:

1. Next month's meeting is the annual meeting; Discussed should we move annual meeting to June with a retreat? Decided to move annual meeting to June 28th; Retreat will be 9-3, with annual meeting beginning at 9 am and have elections during meeting;

Motion to adjourn at 1:32 pm

Next meeting: May 24th, 12 pm

Board Director

Board Director

mh/wn

Financial Update:

Program	Payment Status
Autism Resource Center/Bilingual	March payment received
Child & Family Connections	March payment received
Helping Us Grow	April payment received
Neuro-Inclusive Counseling	January payment received (Feb billed)

CFC FY24 Budget (DHS)-On Track

Amended FY24 budget approved. The NOFO is open and under development. To be submitted in next couple of days and shared at board meeting.

HUG FY24 Budget (ISBE)-On Track

FY24 Budget Amendment due by 5/30/2024. FY25 application is open and due 6/30/24.

ARC/Bilingual Liaison (MHB)-On Track

The Mental Health Board Town Hall occurred on May 9, 2024. The ARC Team had a strong presence to help highlight where service gaps continue to exist in our community. Also, our bilingual team members partnered with others in our community (Youth & Family Center, and Family Health Partnership Clinic) to lift up the voices of our Hispanic community.

Neuro-Inclusive Counseling (ARPA)- On Track

NIC hired a second part time bilingual/cultural therapist, Daisi.

Bio: I am Daisi Rodriguez, a mother of two children, a 9-year-old boy and a 6-year-old girl. I recently graduated with a master's degree in social work from Aurora University. Family time is precious to me, as we create new memories together. Being bilingual, with Spanish as my first language, I have a passion for helping others, particularly within the Hispanic community where language can sometimes be a barrier. I chose to work at O&A because I have been involved in working with children since 2018, starting as a Paraprofessional. I find great joy in witnessing students grow and succeed, and I am dedicated to supporting them on their journey towards achieving their goals. My son, who has ADHD, motivates me to ensure he is successful academically and at home. I thrive on making a positive impact in people's lives and am here to provide support wherever needed.

Fundraising/Grant Update:

At the MHB Town Hall, Tiffany and I were introduced to the new grant coordinator at the Community Foundation for McHenry County. We plan to set up more time with him in the near future to develop that relationship. While he doesn't have any real voting powers when it comes to grant applications, he is open to feedback regarding our past experiences with the application process. This is good news. The bad news is that there will NOT be a FY25 application cycle. This further impacts our agency budget this next fiscal year. Between Foglia and the Community Foundation we can anticipate a \$60,000 deficit that we will need to identify other funding streams to fill. It is extra important that we do everything we can to increase participation in the upcoming Referral Partners Golf Outing and our 30th Anniversary-Masquerade Ball!

Executive Director's Report to The Board of Directors | May 2024

Strategic Goal Update: Strategic Stakeholder Engagement

Last updated Nov 2022

Progress	What's Next	How the BOD can support
<ul style="list-style-type: none"> ED/BOD partnership to recruit additional board members: <i>Jim Hendrix (resigned September 2023), Jane Zamudio, & Shabbir Kapadia.</i> Program Managers and Staff continue to provide monthly written reports to BOD BOD are invited to attend agency trainings, staff/team, committee meetings Board has welcomed staff presentations at board meetings. Guests have included: <ul style="list-style-type: none"> 10/21/2022-Elyse, HUG Program Manager 12/2/2022-Darbi, ARC Educational Advocate 1/27/23-Susan Perkins, (former) ARC Program Manager 2/24/23 DEI Committee members-Courtney, Susan B., & Charlee 3/24/23-Marie, (former) Office Manager 4/28/23- Susan B., CFC Program Manager 5/26/2023-Audrey Lederman, intern 10/27/23-Susan B., CFC Program Manager 1/26/24-Suzanne Hoban, Family Health Partnership Clinic & Courtney 2/23/24-Fundraising Committee members 4/26/24-Tiffany, ARC Program Manager (2/2024) LGMC Intern developed BOD Portal on O&A webpage BOD Staff Appreciation: <ul style="list-style-type: none"> Juice and Fruit Bar Summer Cookout Program Managers continue to survey clients & families engaged in our services to inform our practices. ED/ARC Program Manager attend MHB meetings; occasionally provide public comment. ED/Staff watch for advocacy opportunities at the state level; share and push out appropriately. ED/ARC team has leveraged Dana Weiner (DHS) and Suzanne Ness (State Rep) in order assist clients access needed intensive services and advocate for ISBE funding during significant delays. ED/NIC attended McHenry County Board Meetings to educate county reps on ARPA grant. 	<ul style="list-style-type: none"> Keep up with agency quarterly newsletter specifically to keep funders engaged. Continue Committees Update Agency JEDI Assessment (FY25) Complete new community needs assessment (FY25) Develop FY24 Agency Annual Report Engage in formal Strategic Planning Meeting (FY25) Develop steps towards advisory board (ie. Fundraising/Community Outreach/Autistic-Neurodivergent Voices) Continue to reflect to community our agency values, mission, and goals. Continue to build BOD Continue to work with staff/BOD to develop their knowledge of all programs across the agency so they feel confident and comfortable speaking to what all our organization offers and the impact we have on the community. Work towards keeping BOD Portal up to date. Continue to provide public comment and educate funders (MHB & County Board Meetings) Secure new signage with NIC program details 	<ul style="list-style-type: none"> Board to support and engage in O&A Committees <u>as able.</u> Provide a professional photo & bio for the website. As opportunities arise, attend networking meetings with potential funders. Consider and make known any relationships you have that may be supportive of the agency- Make introductions! Continue to be an engaged member at board meetings and work towards developing relationships with staff. <ul style="list-style-type: none"> Participate in the 2024 Summer Staff Cookout! <u>Mark your calendar- Important Dates:</u> <ul style="list-style-type: none"> June 28-9am-3pm; Annual BOD Meeting July 18-Community Picnic Aug 12-Golf Outing Nov 16-Masquerade Ball-30th Anniversary Celebration

- | | | |
|--|--|--|
| <ul style="list-style-type: none">• BOD/ED/ARC Team supported activities to educate the community on the importance of the Mental Health Retail Tax.• Developed and posted on website Agency Annual Reports: FY21, FY22, & FY23• Increased/Coordinated Community Outreach efforts. Including, but not limited to:<ul style="list-style-type: none">○ McHenry County Back to School Community Event○ Behavioral Health/Educational Resource Fair (<i>organized by MHB</i>)○ Hosted Summer Community Picnic (2021, 2022, & 2023)○ Johnny Appleseed Festival○ People In Need Forum○ Get Connected-Caregiver Conference (<i>hosted in Feb 2023</i>)○ Woodstock Pride Fest (2021, 2022, 2023)○ Mexican Independence Day Festival (2022 & 2023)○ McHenry County Juneteenth (2023)○ Community Resource Days (1-2x/month)○ An array of school district family nights/transition resource fairs/educational events○ Presentations to Daycares, Infant/Early Childhood providers○ Developmental Screening dates at local libraries• Posted on website our commitments to Diversity, Equity, and Inclusion.• Developed needed policies and submitted to funders: Equity Policy; Cultural Humility Plan• Developed Justice, Equity, Diversity, Inclusion (JEDI) Committee; Outreach Committee; Social Media Committee-Active since 2021<ul style="list-style-type: none">○ Agency has stronger presence on LinkedIn, FB, Instagram, YouTube, and TikTok○ Website updated and reformatted | | |
|--|--|--|

Executive Director's Report to The Board of Directors | May 2024

<ul style="list-style-type: none">○ Improved quality of Spanish translation of website○ New signage secured (<i>banners/table cloths/brochures- also in Spanish</i>)• Engaged in Community Initiatives & provide trainings to the McHenry County Community (<i>see March 2024 ED Board Report</i>)• ED/Mel Bruett-Radio Interviews (<i>Fall/Winter 2023</i>)• 3 of 4 Agency Quarterly Newsletters published over the past year• Autistic Voices Focus Group-2022• Dads Focus Group (attempted)-2023• Select Staff engaged in state level advocacy initiatives/taskforce groups: Darbi Carbone, ARC, COPAA (<i>Protecting the Legal and Civil Rights of Students with Disabilities and their Families</i>); Karen Gill, ARC, Partners and Policy Making (<i>IL Council on Developmental Disabilities</i>)• Attended more chamber mixers; formally joined additional chambers: Chain O'Lakes, Crystal Lake, and McHenry		
---	--	--

Winter Noe
Executive Director

May 2024 Board Report – CFC #25

By: Kayla Valdes

To our wonderful Board Members,

Hopefully I will get the chance to meet each of you during my time here at Options and Advocacy. Let me introduce myself and give you some background information. My name is Kayla Valdes, and I am one of the newer service coordinators with CFC #25. I graduated with a bachelor's degree from UW-Whitewater through their dual licensure program for Early Childhood and Special Education in 2017. From there I set out to find a job in the field I love. I received a job offering as a Lead Junior Kindergarten teacher at The Goddard School in Cary, which is where I would work for the next five years. I loved working with all the kiddos who came into my classroom and being able to watch them grow their love of learning before entering Kindergarten. While working at Goddard, I found friendship in a few of my co-workers. These friendships are still present today, which I am very thankful for. One of my co-workers ended up leaving the daycare setting to join the Options and Advocacy agency. It is because of this co-worker that I am here as a service coordinator for CFC #25 today.

I am approaching one year come June of being a service coordinator and would like to take the time to address the amazing leadership team we have here at CFC #25. Our leadership team consists of four people: Kristen, Michele, Angela and Susan. I will start with our Lead Service Coordinator, Kristen. Her role as Lead Service Coordinator is to train the newly hired service coordinators, like me! Kristen explains every part of service coordination from when we receive a file to when the file gets closed. That may seem like it's not a lot, but there is so much that happens between receiving and closing a file! She invites new service coordinators (with parent's/caretaker's consent) to all the different meetings that can take place so that the service coordinator learns the flow of each meeting. These meetings include intake, evaluation/assessment, six month, add on, transition, annual, discharge and exit. Kristen always makes sure the service coordinator feels confident and ready to try taking over small parts of a meeting, assuring that she is right there if we need her to step in. Not only does she train new service coordinators, but she is always being asked different questions from all the service coordinators. If a service coordinator asks her a question, even though she is working on her own caseload, she is right there answering and helping guide what we need to do without complaint. She does a wonderful job of training and is very knowledgeable in her position as Lead Service Coordinator. Next is our Social Emotional Consultant, Michele. She is the person we go to when we need to debrief certain situations in our caseload. She also meets with other CFC Social Emotional Consultants to review and understand how to best support our CFC staff members. Michele also helps in some areas to train new service coordinators. She takes the time to go over any concerns or questions that families have after a meeting and her calm and kind presence is what makes families feel heard and validated. Michele is always available to talk through and give advice on how to approach certain situations with our families, answer any questions, listen and hold our heavy moments, and help us "word smith" how we can effectively communicate something to families/providers. Next is our Parent Liaison and Local Interagency Council (LIC) Coordinator, Angela. Angela's son went through the Early Intervention program years ago and she has taken the role of Parent Liaison to help other families who are going through the Early Intervention program as well. She does not hesitate to call a parent who is struggling with any part of the program or even just to reassure and acknowledge their feelings. She takes the time to listen and guide families who want to be connected to someone who understands what it is like to go through Early Intervention with their child. As the LIC, Angela helps us service coordinators by preparing and sending transition packets to the child's local school district's representative. This happens when a child is ready to begin the transition process for when they exit Early Intervention at age three and their next step is entering their local school district's Early Childhood program. This was a task service coordinators had been doing by gathering and sending out specific information to the

school districts. Angela just started taking over this task for service coordinators recently and it has been such a huge help and time saver for us! Angela wears another hat as well, which unfortunately doesn't have an official title, Resource Queen. She is always finding resources that are helpful for our CFC as well as the entire agency! Now to also acknowledge something Michele and Angela work on together called Playgroup. They are both Co-Playgroup Facilitators for each session which is held on the 1st and 3rd Wednesday of each month. Playgroup is offered to our families for those who have children four years and under. Michele and Angela plan each session with centers, circle time, stories, music, and activities – all of which is free to our families! They make each session a welcoming experience for families that allows them to enjoy quality time together and watch their child(ren) meet and play with their peers. Finally, we have our CFC Program Manager, Susan. She is the person who keeps our entire CFC together - through the calm and the chaos! Susan's son also went through the Early Intervention program years ago and works hard to enforce the Early Intervention principles to make our program the best it can be. She acknowledges the hard work that goes into service coordination and always has our backs. As a service coordinator, we sometimes look like the "bad guy" because we are the ones trying to coordinate therapies and meetings. So, some families and providers get upset if we aren't meeting their expectations, even though we juggle large caseloads and try our best. Susan is the one that is standing in our corner to make sure we are being respected by families and providers because she knows we are working hard to get families the support they need. She is always handling the difficult phone calls with families explaining our program and timelines we need to meet. Susan also helps train and oversee new service coordinators. She continues to check in with each service coordinator, no matter how long they've been there, to understand how they are feeling with their caseloads. Even when you feel like you aren't doing a good enough job or feel overwhelmed, Susan acknowledges the hard work you've been doing and reassures you that you are doing a great job! She is always answering questions and offering to help support you however you need.

I wanted to share the importance of the leadership team to you all because they have helped shape who I am as a service coordinator one year later. Each of them has played a huge role in my first year here at CFC #25, with just their willingness to help being enough. They are the hardest working, selfless, and compassionate group of people that together make our CFC the best. I appreciate you taking the time to read my lengthy board report because these individuals deserve recognition for everything they do.

Thank you,

Kayla Valdes – Service Coordinator

ARC Board Report
Christine Neilsen MA, CCLS
May 2024

One of the best parts of being a member of the ARC team is seeing the growth of individual clients and their family. Our advocacy and genuine connection with each family matters. We don't always get these shining star moments. A family's ability to rise from crisis is not only about individual resilience but community support.

I met a single mom and her two daughters in the summer of 2023. The family was in crisis after fleeing a domestic violence situation with dad. I received calls from DCFS, Safe Families, and even the police department asking for us to help this sweet mom find her footing and thrive. Mom and I filled out 9 releases of information so we could collaborate with community providers.

In this family, both girls have a diagnosis of autism, but their personalities could not be more opposite. Jamie is 9 and Becca is 8. Becca frequently eloped from the house and was nicknamed Houdini after mastering several of the safety locks and safety devices. In fact, sweet Becca showed the DCFS worker how she could outmaneuver multiple levels of safety locks in her home. Becca loves to be doted on, dressed up and hair done. Mom calls her princess, and she enjoys that attention. Jamie is the quieter, more introverted sister, who loves watching Elmo on her iPad. Jamie frequently moves throughout the house with her iPad safely exploring. She doesn't test the limits and enjoys time alone in her room. Both girls LOVE water play and spend time outside with an array of splash pads and kiddie pools.

Mom made small steps throughout the year all while navigating lawyers and the court system with her ex-husband. Becca began working with a behaviorist to minimize the eloping. Paperwork was completed to receive state support through Clearbrook. Mom attended IEP meetings to ensure her girls were receiving appropriate care at school. Becca has been nicknamed "the mayor" at school and greets staff each morning.

One year later and I just helped update the paperwork for Becca and Jamie. Our pile of releases of information is smaller and the circle of support has been built with respite, the school district, Clearbrook and Service Inc. I explained to mom that I was closing the clients under family education as we had met our goals, and less support was needed.

Mom recently received her CNA license and works in a nursing home where she loves her elderly patients. She recently noted she is one of those regular people now. She gets up and gets her kids ready for school, drinks coffee in the car, and heads to work for the day. She shared that she feels better when she is home and less trapped. Mom is working towards saving money for her citizenship test and is a proud member of her community. Her kids are safe from domestic violence and thriving.



Members of the Options & Advocacy Board,

My name is Talia Vargas and I started working at Options & Advocacy, with the HUG program as a Bilingual Family Support Specialist April 1st 2024. While I haven't been in the position for a long time, I have been enjoying every minute I have been here.

Before accepting this position, I was in the education field as a preschool teacher. I started my career in 2015 when I started working with Early Head Start at a daycare in the Ravenswood neighborhood. I worked with low-income, immigrant families who didn't really know what the program was about. I worked alongside the Family Support Specialist and went on many home visits to further help the families we served. Many families didn't know how many programs were available to them at their dispense. I left that position to work at a closer school, but it was a private school. The families I served were very different and only needed care for their children during the day. I eventually moved and found myself working as a Head Start Preschool teacher here in McHenry County.

Working as preschool teacher in McHenry County I couldn't help but notice how many of these families could use resources and help in their children's earlier years. Many families didn't know they could seek help before enrolling their children into preschool. I went above and beyond for every family that had their child enrolled in my classroom. The families I served were immigrant, Spanish speaking families who were afraid to seek help for fear of their immigration status.

I grew up on the Southside of Chicago where no one ever asked for government help, for resources for their children, where families just stayed in the dark in regard to their children's development. I take this position with my whole heart, as I am bilingual, and I know the struggles many of these families are facing. I want to help make a difference in their lives, their children's development, and their overall wellbeing. I am a single mother and if I had known of all the options I had when my children were younger, I would've jumped at the idea of having a Family Support Specialist.

Through my experiences both personal and professional I feel that I am more than prepared to provide the support, empathy, and commitment to the families we service. I look forward to the growth that I will attain within this role and to see the meaningful impact that I will be making on the lives of the families, young children, and myself.

Talia Vargas



NIC has been supporting a variety of clients that identify as neurodivergent. We have clients from ages 4 to 50. Recently as we start our credentialing process we have been collecting data on insurance of current clients. Majority of clients are on Medicaid, most require scholarships and adjustments to fees for financial reasons. We are having more and more clients that are navigating mental health and are in need of significant case management support. We are having a large Autistic adult population requesting services that also need assistance with employment, entitlements, education, self-advocacy, case management and understanding the intersectionality of identity. We are seeing an increase in neurodivergent couples requesting support as well.

Clients are typically seen weekly or biweekly. The complexity of our clients has increase significantly requiring higher level of supervision for all staff and interns. Some of our clients are highly involved in DCFS, probation, adult protective services, higher level of care, utilizing Intensive Outpatient Program(IOP) and Partial Hospitalization Program (PHP), requiring inpatient then returning to us. Complex diagnoses in addition to system barriers have required staff to continually think outside the scope of traditional therapy and establish a continuum of care with community providers. One of our largest adult referrals at this time is the Woodstock NW hospital IOP/PHP program. Internally, our largest referral is HUG and then ARC. We are also getting direct calls from schools and community providers such as Thresholds. Diagnoses under the neurodivergent “umbrella” that we are seeing are Autism, ADHD, Bipolar, ID and medical complexities.

The newest group that Marikate and Yazmin are running has seen a huge interest bringing in new clients. The group is for individuals over the age of 18, the curriculum they follow can be found here: <https://www.elevatustraining.com/>

Current staff we have:

Alma LSW full-time

Marikate MSW Intern full-time

Otto LSW part-time bilingual therapist (works full-time in schools)

Daisi LSW part-time bilingual therapist (working on obtaining PEL to be school social worker in addition)

Yazmin intake coordinator, bilingual support, co-facilitator of adult groups

Interns shared in all programs:

Kayla full time MSW

Abby full time MSW

David full time MSW

Alannah part time summer

Kelly full time MSW

Kalaya part time summer

I wanted to share a recent experience as a program manager that reminds me of the power of supporting staff while letting go of control. Historically, I ran most of the social empowerment (previously social skills) groups in ARC for years. Interns flowed in and out of the groups to work on facilitation skills and owned a portion of prep, planning and implementation. A recent NIC group ran by Alma and two interns (Rebecca and Abby) was related specifically to mindfulness and anxiety. It was a psychoeducation group with specific instruction on the implementation of coping skills.

I had the opportunity to sit back and watch our young staff facilitate a meaningful group with preadolescents. I joined the group the first session, but noticed the facilitator kept checking in with me after every few minutes. I made the decision to remove myself from the group after that first session, I simply stayed at the front desk making sure everyone was safe and present if needed. The last group one of the interns who is extremely passionate about mindfulness had wanted to work on bubble breathing for months in previous groups finally had her opportunity. I was at the front desk and started to realize bubbles floated past the window, I looked outside to see 2 interns and one full time staff with about 7 pre-adolescents that all identify as neurodivergent simply blowing bubbles.

Everyone had smiles and I heard numerous voices of laughter while attempting to blow bubbles to work on breathing and slowing respiration. As a program manager about to hit my one-year mark I sat in awe, thankful for the opportunity to see young social workers lead future generations. It was a good reminder for me that sometimes stepping

Courtney Behrens, LCSW

5/17/2024

out of your role allows others to lead and that is the foundation of ensuring future generations live out the mission and values of our agency.

Courtney Behrens, LCSW

Stefanie Sullivan Joyful Arts Program Board Report
May 16, 2024

This program has been in existence for two years. We truly did not know exactly what we were doing or where the program would take us or our students. Our goal was to give high school aged and young adults quality art instruction in the hope that they would flourish in the way that Stefanie did in that mode of self expression. We have achieved that goal and many others that we did not anticipate.

We have a core group of students from Cary-Grove High School, 4-5 students who are deaf/hearing impaired, some with down syndrome, some with autism, and some with something else. Our classes have grown to a maximum of 15 students which is our cut-off. We have a strong commitment to quality and to providing each student with whatever 1:1 support they need. We have had the same core group of instructors which include a teacher, a teacher of deaf/hearing impaired who signs for the class, a para-professional with a strong art background, my son Charlie, a young woman who is hearing impaired and signs, and a group of Best Buddies from Cary-Grove. Yes, this is a village! The beauty of it is how well we work together and that our shared value is what makes it work. That value is that each of our students feels important and is respected. Oh yes, and that we have - as Stef would say f-u-n!

There are many special moments in each class. One of mine is when there is complete silence and each student is concentrating on the canvas in front of them. We have seen each of our students grow in their artistic ability. They mix their own colors. They understand perspective. They appreciate and understand the many properties of light.

What we did not expect to see, was the growth in their self confidence. At least half of the students are non-verbal. Most of them sign. At the end of every class each student gets up in front of the class and "talks" about their painting. I can tell you that there is rarely a dry eye among us "staff" people who feel so privileged to see the growth in these young adults. They now look directly at their classmates. They use longer sentences. They include art terms. They interject humor in their art and their presentations. They smile and are obviously quite proud of their work. One example is we had class on May 4 which is to Star Wars fans "May the Force Be With You." One of the students put a galactic vehicle, as he called it, in the corner of his painting of Mount Everest. He was smiling ear to ear as he presented it to the class. We did an underwater seascape painting. One of the very quiet young ladies, told us in

her presentation why the rocks at the bottom of her sea were black. It is because she and her family had been to Hawaii and those were volcanic rocks.

I have so many stories! One young man's sister died last December. He understandably, lost interest in many things and also, stopped speaking. He now comes to art class 30 minutes early each week with a smile on his face. He is speaking more and his art is showing more colors and more brightness. We have another student whose brother just passed away unexpectedly. The Joyful Arts team went to the memorial service where we learned that the mom had been sending our students artwork to his brother who passed in Atlanta and to his twin in Dallas. When we met the family they said, you're the Arts People and talked about how much the program meant to the whole family.

Every month, one artist's painting is selected to be displayed in Dr. Kaufman's office in Crystal Lake. This is truly a moment of pride for our students. I take their picture with their painting and write a few sentences about them. We have a growing group of students and family members who go to Culver's for lunch after class. The students, many of deaf students, have exchanged phone numbers and are now texting during the week. We have created a community where there was none. We have an environment that has fostered friendships. For so many of our students, friendships are tough.

We have had two very successful Art Shows. This year's show had over 200 attendees. We just had our first (and last) garage sale fundraiser for the program and raised \$1,037. In my annual report I will focus on data.

We have many people wanting us to expand the program. We tell people they can replicate the model but we are not interested in expansion. Joyful Arts is a beautiful thing (and we are all a bit old!) We are very pleased with its size, its success, its intimacy and how it perpetuates what art brought to Stef and what Stef brought to art.

Cindy Sullivan

OPTIONS & ADVOCACY
ACCIDENT/INCIDENT REPORT FORM

Name(s) of person(s) involved: Alma Brooks

Position (if staff): Therapist (NIC)

Address of person(s) involved: 207 N. River Rd., Fox River Grove IL, 60021

Place of accident/incident: Options & Advocacy

Within the premises? : Yes X No

Date and time the accident/incident occurred: 5/12 @ 2:30pm

Description of and circumstances under which the accident/incident occurred: I was walking out to my car after work and tripped over an uneven surface of the pavement in the parking lot, and landed on my knees.

Did there appear to be physical injuries?: Yes X No

If Yes, where are the possible injuries? Just a bruise on my leg.

Description of any first aid services given to injured person: None needed

Name and address of person(s) witnessing the accident/incident:

N/A

Disposition:

Medical: N/A

1. Where taken or sent:
2. Time of departure from facility:
3. Means of transportation used:
4. Medical Findings/Treatment:
5. Treating Physician:

Corrective /preventative actions taken to prevent this type of incident from occurring in the future:

Alma Brooks

Signature: Individual Involved Accident/Incident

Date: 5/14/2024

Alma Brooks

Signature: Person Filing Report

Date: 5/14/2024

Review & Comment by Executive Director:

Signed: Date:

CC: **Human Resources Manager**

U:\Safety Information\Safety Forms & Procedures\Form-Accident Incident Report.Doc 10/2014

Name(s) of person(s) involved: Melissa Reynoso De La Paz

Position (if staff): ARC Bilingual Liaison

Address of person(s) involved: 10482 Casselberry North Huntley, IL 60142

Place of accident/incident: Options and Advocacy for McHenry County parking lot

Within the premises? : Yes ☒ No ☐

Date and time the accident/incident occurred: 6:55pm 5/07/2024

Description of and circumstances under which the accident/incident occurred: I was walking out of the building and walking towards my car and I tripped over the big bump and fell.

U:\Safety Information\Safety Forms & Procedures\Form-Accident Incident Report.Doc 10/2014



Bi-weekly Agency Updates

5/7/2024

Family Resources

*****PlayGroup** Groups meet twice a month, at GiGi's Playhouse in McHenry (5405 W. Elm St. Suite A McHenry IL 60050.) No registration is required, Spanish interpreter available upon request, if needed or for more information contact Angela Krambeer at angela.krambeer@opad.org

*****Sibshops** Groups meet on the first Saturday of the month, 9:00-11:30am at McHenry County Mental Health Board (620 Dakota St. Crystal Lake 60012.) **Watch out for Fall dates.** To register or more information visit www.optionsandadvocacy.org or contact Winter Noe at winter.noe@opad.org



Family/Community Education

YOU'RE INVITED TO JOIN THE
**OPTIONS & ADVOCACY
PLAYGROUP**

GiGi's Playhouse
5404 W. Elm St. Suite A
McHenry, IL 60050
9:30-11:00
Birth-4

1/17/24-CANCELLED

2/7/24
2/21/24
3/6/24
3/20/24
4/3/24
4/17/24
5/1/24
5/15/24
6/5/24
6/26/24

FOR THE HEALTH AND SAFETY
OF ALL CHILDREN, IF YOUR
CHILD IS SICK, PLEASE DO NOT
ATTEND PLAYGROUP.

THINGS TO NOTE:
-A small snack and water will
be provided/please feel free
to bring your own
-SPACE IS LIMITED
**we reserve the right to
refuse entry due to space
limitations.
**Spanish interpreter available
upon request

IF YOU WILL BE MORE THAN 10
MINUTES LATE TO ANY PLAYGROUP,
WE ASK THAT YOU JOIN US AT A
DIFFERENT TIME SO THAT YOUR
CHILD CAN RECEIVE THE FULL
BENEFIT OF PLAYGROUP AND THE
OTHER CHILDREN'S EXPERIENCE IS
NOT DISRUPTED.

Child and Family Connections and Helping
Us Grow offer playgroups for you and
your child, ages 4 and under. Enjoy some
quality time with your child and watch
them meet and play with their peers
while you enjoy connecting with your
peers! Each session incorporates free
exploration time, circle time, stories, music,
an activity, and more. We offer a lot of
variety so kids can practice all of their
developmental skills.

ESTÁ INVITADO A UNIRSE AL
**GRUPO DE JUEGO
DE
OPTIONS & ADVOCACY**

GiGi's Playhouse
5404 W. Elm St. Suite A
McHenry, IL 60050
9:30-11:00
Desde el nacimiento hasta los 4 años

1/17/24-CANCELADO

2/7/24
2/21/24
3/6/24
3/20/24
4/3/24
4/17/24
5/1/24
5/15/24
6/5/24
6/26/24

PARA LA SALUD Y LA
SEGURIDAD DE TODOS LOS
NIÑOS, SI SU NIÑO/HA ESTÁ
ENFERMO/A POR FAVOR NO
ASISTA AL GRUPO DE JUEGO.

SI VA A LLEGAR MÁS DE 10
MINUTOS TARDE A CUALQUIER
GRUPO DE JUEGO, LE PEDIMOS
QUE SE UNA A NOSOTROS EN
UN MOMENTO DIFERENTE PARA
QUE SU NIÑO PUEDA RECIBIR
EL BENEFICIO COMPLETO DEL
GRUPO DE JUEGO Y LA
EXPERIENCIA DE LOS OTROS
NIÑOS NO SE VEYA
INTERRUMPIDA.

Conexiones del Niño y Familia (CFC) y
Ayudándonos a Crecer(HUG) ofrece grupos de
juego para usted y su hijo, de 4 años o menos.
Disfruta de un tiempo de calidad con su hijo y
mírelo conocer y jugar con sus compañeros
mientras usted disfruta de conectarse con sus
compañeros! Cada sesión incorpora tiempo de
exploración libre, tiempo de círculo, cuentos,
música, una actividad y más. Ofrecemos mucha
variedad para que los niños puedan practicar
todas sus habilidades del desarrollo.

COsas PARA TOMAR EN CUENTA:
-Se proporcionará un pequeño refrigerio
y agua/por favor siéntase libre de
traer los suyos.
-EL ESPACIO ES LIMITADO
**nos reservamos el derecho de
rechazar la entrada debido a
limitaciones de espacio
**Intérprete de español disponible



GRUPO DE APOYO PARA CUIDADORES EN ESPAÑOL

Facilitado por: Otto Corzo

**Lunes 20 de mayo, 2024
6:00pm-7:30pm**

Abierto a todos los cuidadores de
personas con discapacidades
intelectuales y del desarrollo.

En persona o virtual/Zoom

Se requiere confirmar presencia
(RSVP) a: Melissa Reynoso
815-477-4720 ext.235
o por correo electrónico
melissa.reynoso@opad.org



SPANISH CAREGIVER SUPPORT GROUP

Facilitated by: Otto Corzo

**Monday May 20, 2024
6:00pm-7:30pm**

Open to all Spanish speaking
caregivers of individuals with
developmental and intellectual
disabilities.

In-Person or virtual/Zoom

RSVP is required to join. Contact
Melissa Reynoso at
815-477-4720 ext.235
or email melissa.reynoso@opad.org



CAREGIVER SUPPORT GROUP

This group welcomes caregivers of
individuals with delays, disabilities, and
neurodiversity.

**Wednesday, May 29 |
6:30 - 8 pm**

**365 Millennium Drive
Suite A
Crystal Lake**

Join us on Zoom!
Meeting ID: 939 3030 6479
Passcode: 6CVViJ

**If you can't
attend the
entire group,
you can come
late or leave
early, no
worries!**

**Options
& Advocacy**
for McHenry County

COMO HABLAR DE LA SALUD MENTAL EN EL HOGAR

YFC
Youth and Family Center
of McHenry County

15 Abril

**Ciberacoso y Redes Sociales:
Una Guía Para Padres**
Evento comunitario dirigido por Child
Advocacy Center of McHenry County.
6pm-8pm.
McHenry High School- Freshman Campus,
4724 W Crystal Lake Rd, McHenry, IL 60050

22 Abril

**Cómo identificar si tu hijo/a/e está
batallando con un problema de la salud
mental.**
YFC: 1011 N Green, St. McHenry, IL **6pm-7pm**
Cuidado de Niños disponible.

29 Abril

**¿Qué hago si mi hijo/a me dice que
está deprimido o tiene ansiedad?**
YFC: 1011 N Green, St. McHenry, IL **6pm-7pm**
Cuidado de Niños disponible.

6 Mayo

**¿Qué hago si mi hijo/a me dice que tiene
ideas de lastimarse o suicidarse?**
YFC: 1011 N Green, St. McHenry, IL **6pm-7pm**
Cuidado de Niños disponible.

13 Mayo

Entrenamiento de QPR con NAMI
Entrenamiento para cómo prevenir el
suicidio. Aprenda técnicas para cómo
responder cuando alguien expresa ideas
de suicidio o lastimarse.
YFC: 1011 N Green, St. McHenry, IL **6pm-7pm**
Cuidado de Niños disponible.

20 Mayo

**Cómo disciplinar a mi hijo/a en una
manera sensible y constructiva.**
YFC: 1011 N Green, St. McHenry, IL **6pm-7pm**

815-322-2357

ESTOS EVENTOS
SON GRATIS
PARA TODA LA
COMUNIDAD EN
MCHENRY
COUNTY

MENTAL HEALTH TOWN HALL MEETING

THURSDAY, MAY 9, 2024
5:00 TO 7:00 PM

MCHENRY COUNTY
MENTAL HEALTH BOARD

620 Dakota Street, Crystal Lake

Let your voice be heard in matters of...

- Mental Health
- Intellectual/Developmental Disabilities
- Substance Use

This is your chance to make a difference in McHenry County and help shape its future.

More Info or to provide
written feedback

815.455.2828

informationrequest@mc708.org



***Translation services provided
with 48-hour notice



REUNIÓN DEL AYUNTAMIENTO SOBRE SALUD MENTAL

JUEVES, 9 DE MAYO DE 2024
5:00 TO 7:00 PM

LA JUNTA DE SALUD MENTAL
DEL CONDADO DE MCHENRY

620 Dakota Street, Crystal Lake

Permite que tu voz sea escuchada en asuntos de...

- Salud Mental
- Discapacidades Intelectuales/Desarrollo
- Uso de Sustancias

Esta es tu oportunidad de marcar la diferencia en el Condado de McHenry y ayudar a dar forma a su futuro.

Más información o para
proporcionar retroalimentación por
escrito

815.455.2828


informationrequest@mc708.org



***Servicios de traducción proporcionados
con un aviso de 48 horas.



NOW ENROLLING
Community Action Agency for McHenry County
Head Start Preschool
Serving Children 3 to 5



Call for an appointment: **815-338-8790**
At no cost to families that qualify

We have centers in Crystal Lake, McHenry
and Harvard

INSCRIPCIONES ABIERTAS
Community Action Agency for McHenry County
Pre-escolar de Head Start
Para Niños de 3 a 5



Llame para una cita: **815-338-8790**
Sin Costo a las familias que califican
Beneficiarios de SNAP (LINK) Califican Automáticamente

Tenemos Centros en Crystal Lake, McHenry
y Harvard



22ND JUDICIAL CIRCUIT
FAMILY VIOLENCE COORDINATING COUNCIL

HOSTS A FREE TRAINING

VOICES TO THE REALITY OF HUMAN TRAFFICKING

WHO: Law Enforcement, Medical and Mental Health
Providers, Court Personnel, First Responders,
Lawyers, Judges, School Personnel, etc.

WHAT: A Survivor - led training on Human Trafficking

WHERE: McHenry County College Conference
Center (Rooms A211, A213, A215)

WHEN: Friday, May 17th
8:30am-4:30pm

Save the date!

SPEAKER BIOS TO FOLLOW

REGISTER HERE



Questions?

Contact Kate Webster- FVCC Local Coordinator
kewebster@22ndcircuit.illinoiscourts.gov



Welcome
Summer
with

Tree of Life Rummage Sale & Plant Sale

Saturday, June 1

9 a.m. to 3 p.m.

5603 Bull Valley Road, McHenry

10% of proceeds will benefit
Compassion for Campers

a ministry providing gear & supplies
to unhoused population of McHenry County

ARC:

Minigolf Family Night

5-7pm
May 8th

RSVP @ nathan.anderson@opad.org

**Golf and connect
with ARC families**

who get it Lippold Park

No cost
to you!

1251 W IL-176, Crystal
Lake, IL 60014



Noche Familiar de Minigolf

5-7pm el 8 de
mayo

Confirme su asistencia a:
nathan.anderson@opad.org

**¡Juegue golf y conéctese
con las familias de ARC
que lo entienden!**

**Parque
Lippold**

¡Sin costo
para
usted!

1251 W IL-176, Crystal
Lake, IL 60014



NIC:



Healthy Relationships

ABOUT
A free 8-week program that focuses on a variety of healthy relationships for individuals age 18+ and identify as neurodiverse.

Every Thursday from 5:00 - 6:30pm.
May 9, 2024 - June 27, 2024
Located within Options & Advocacy.

REGISTER NOW
Intake must be completed prior to the start of group.
Limited availability

LEARN TO:

- ✓ Develop a positive relationship with yourself!
- ✓ Cultivate positive family ties
- ✓ Form and maintain healthy friendships and romantic relationships

CONTACT
☎ (815) 859-0701
✉ yazmin.fitch@opad.org
📍 365 Millennium Dr. Ste A
Crystal Lake, IL 60012




Relaciones Saludables

ACERCA DEL GRUPO
Un programa gratuito de 8 semanas que se centra en una variedad de relaciones saludables para personas mayores de 18 años que se identifican como neurodiversas.

Todos los jueves de 5:00 a 6:30 pm.
Empezando el 9 de mayo de 2024 al 27 de junio de 2024.
Ubicado dentro de Options & Advocacy.

REGISTRESE AHORA
La admisión debe completarse antes del inicio del grupo.
Disponibilidad limitada

APRENDER A:

- ✓ Desarrolle una relación positiva consigo mismo
- ✓ Cultivar lazos familiares positivos
- ✓ Formar y mantener amistades saludables y relaciones románticas

CONTACTO
☎ (815) 859-0701
✉ yazmin.fitch@opad.org
📍 365 Millennium Dr. Ste A
Crystal Lake, IL 60012



Fundraiser:



REFERRAL PARTNERS

2ND ANNUAL

CHARITY GOLF OUTING 2024

OUR CHARITY
Help support infants, children and adults with developmental delays and disabilities.

Options & Advocacy
for McHenry County

For sponsorship opportunities and donations reach out to Ivana at ibillingenberg@cnbc.bank.
Remember Golf Tournament Sponsorships are tax deductible

12 AUGUST 2024

REGISTER NOW
[@referralpartners365.com/golf/](https://referralpartners365.com/golf/)
📍 Crystal Lake Country Club




SAVE THE DATE

OPTIONS & ADVOCACY'S THIRTIETH ANNIVERSARY

Masquerade Ball

NOV

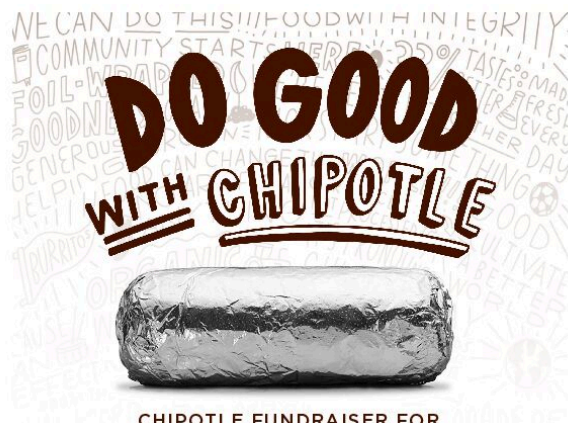
SATURDAY 16 6 PM

2024

BOULDER RIDGE COUNTRY CLUB
LAKE IN THE HILLS, ILLINOIS



ENJOY A NIGHT OF DINNER, DRINKS, & RAFFLES
MUSIC BY FELIX AND FINGERS DUELING PIANOS



**CHIPOTLE FUNDRAISER FOR
OPTIONS & ADVOCACY FOR
MCHENRY COUNTY**

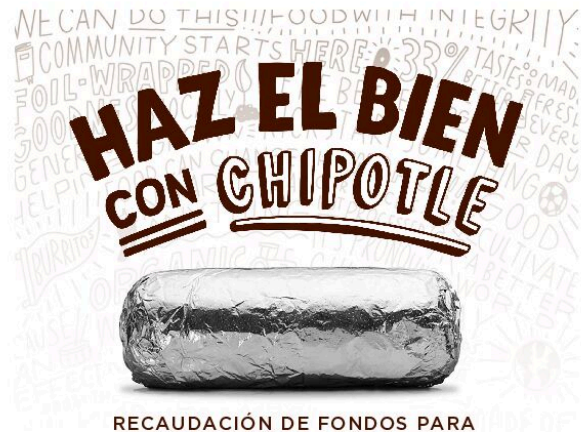
25% OF EVENT SALES GET DONATED TO THE CAUSE

WEDNESDAY, MAY 22ND | 4-8PM
5006 NORTHWEST HWY STE A, CRYSTAL LAKE, IL,
60014

ORDER ONLINE FOR PICKUP USING CODE **H68EMKP**
OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.



**RECAUDACIÓN DE FONDOS PARA
OPTIONS & ADVOCACY FOR
MCHENRY COUNTY**

25% DE LAS VENTAS DEL EVENTO SERÁN DONADAS A LA CAUSA

MIÉRCOLES, MAYO 22º | 4-8PM
5006 NORTHWEST HWY STE A, CRYSTAL LAKE, IL,
60014

ORDENA EN LÍNEA PARA RECOGER USANDO EL CÓDIGO **H68EMKP**
O MUESTRA ESTE VOLANTE EN EL RESTAURANTE



Para que las órdenes en línea se tengan en cuenta para el evento de recaudación de fondos, deberán ser del mismo lugar del evento y realizarse durante las horas del mismo. Las órdenes con servicio de entrega y las realizadas con una tarjeta de regalo no cuentan para el evento. Se requiere un mínimo de \$150 dólares de ventas para recibir cualquier donación.



Courtney 5/16
Maria 5/19

Hot Sheet will be sent May 21. Please send all items to me by 5/17.

Options & Advocacy
EXECUTIVE FINANCIAL SUMMARY
 Month Ending: April 2024

Year to Date Revenue: \$2,113,618.85
 Expenses: - 2,079,462.29
 Net: \$ 34,156.16

I. Funds Subject to Grant Recovery:		"RESTRICTED"
		<u>Rec'd YTD through this month</u>
A. CFC	Revenue	\$890,402.12
	Less Expenses	-\$890,402.12
	Net Income	\$0.00
B. Autism Resource Center	Revenue	\$367,964.00
	Less Expenses	-\$406,991.33
	Net Income	(\$39,027.33)
C. Bilingual Liaison	Revenue	\$45,833.30
	Less Expenses	-\$52,028.12
	Net Income	(\$6,194.82)
D. ISBE – PI ("HUG")	Revenue	\$402,821.21
	Less Expenses	-\$402,821.21
	Net Income	\$0.00
E. ARPA("NIC")	Revenue	\$219,812.38
	Less Expenses	\$291,902.64
	Net Income	(\$72,090.56)

II. Unusual Income/expenses this Month: None

III. Accounts Receivable: (as of 4/30/2024)

A. State of Illinois (CFC & ISBE)	\$168,174.28
B. County MHB – ARC	\$ 36,833.33
C. County MHB – Bilingual Liaison	\$ 4,583.33
D. ARPA (NIC)	<u>\$ 55,845.48</u>
	\$265,436.42

IV. Net Year To Date Fundraising Revenue:

Revenue	\$ 95,991.95	(Restricted = \$4,236.84)
Less Expenses	- 29,331.62	
Less Grant Debt W/O	\$ <u>10,815.40</u>	DHS write off
Net Income:	\$ 77,475.73	

V. Depreciation Expense:

Current	\$436,815.44
Previous Year	\$406,755.25

VI. Line of Credit: \$300,000 Approved Limit (increased as of 3/14/2024)

	<u>April</u>	<u>March</u>	<u>Feb.</u>
Current Liability 5/16/2024	.00	.00	.00
Interest Liability	.00	.00	.00

VIII. Status as of Today: 5/16/2024

	Current – May	30 days April	60 days March	Total
State - CFC	Not billed yet	Not billed yet	Paid	\$0
ISBE PI – HUG	Not billed yet	Paid	Paid	\$0
MHB – Autism Resource Center	Not billed yet	\$36,833.33	Paid	\$35,833.36
MHB – Bilingual Liaison	Not billed yet	\$4,583.33	Paid	\$4,583.33
McHenry County Board-ARPA	Not billed yet	Not Billed yet	Not Billed yet	\$27,429.65 Feb.

Total owing from State-CFC	\$ 0.00
Total owing from State – Ill State Board of Ed	\$ 0.00
Total owing from County:	\$ 41,416.66
Total owing from County Board	<u>\$ 27,429.65</u>
TOTAL =	\$ 68,846.31

OPTIONS AND ADVOCACY FOR MCHENRY COUNTY INC

Balance Sheet

As of April 30, 2024

	Apr 30, 24	Apr 30, 23
ASSETS		
Current Assets		
Checking/Savings		
1025 · CASH IN CRYSTAL LAKE BANK	248,669.66	272,427.46
1035 · FIRST NONPROFIT SAVINGS	21,343.47	20,541.71
1040 · PAYPAL ACCOUNT	851.66	462.76
1041 · SQUARE	0.00	446.74
1045 · COMMUNITY ENDOWMENT FUND	46,790.89	42,618.82
1050 · PETTY CASH	150.00	150.00
1060 · BUSINESS MONEY MARKET 0014	35,806.77	35,770.69
Total Checking/Savings	353,612.45	372,418.18
Accounts Receivable		
1300 · STATE OF ILLINOIS RECEIVABLE	168,174.28	192,261.04
1335 · CO MHB - BILINGUAL LIAISON	4,583.33	4,583.33
1350 · ASP ACCOUNTS RECEIVABLE	36,833.33	36,666.67
1375 · McHenry County Board-ARPA	55,845.48	0.00
Total Accounts Receivable	265,436.42	233,511.04
Other Current Assets		
1410 · PREPAID EXPENSES	2,093.34	403.34
1420 · PREPAID INSURANCE	1,229.43	9,675.43
Total Other Current Assets	3,322.77	10,078.77
Total Current Assets	622,371.64	616,007.99
Fixed Assets		
1500 · BUILDING AND IMPROVEMENTS	1,131,972.85	1,131,972.85
1505 · ACC DEPR-BUILDING & IMP	-436,815.44	-406,755.25
1510 · EQUIPMENT AND FURNITURE	65,158.00	64,607.00
1515 · ACCUMULATED DEPR-EQUIP AND FURN	-56,503.70	-59,193.28
Total Fixed Assets	703,811.71	730,631.32
TOTAL ASSETS	1,326,183.35	1,346,639.31
LIABILITIES & EQUITY		
Liabilities		
Current Liabilities		
Accounts Payable		
2000 · ACCOUNTS PAYABLE	10,619.03	9,511.38
Total Accounts Payable	10,619.03	9,511.38
Credit Cards		
2010 · AMEX 3003	5,197.13	881.06
2015 · CHASE VISA 7761	1,253.49	238.89
Total Credit Cards	6,450.62	1,119.95
Other Current Liabilities		
2200 · CURRENT MATURITIES	17,840.10	17,131.83
2205 · ACCRUED SALARIES & WAGES	39,493.60	57,080.11
2206 · ACCRUED VACATION	19,445.66	18,852.04
2215 · ACCRUED INTEREST PAYABLE	483.88	483.88
2240 · ACCRUED STATE UNEMPLOYMENT	-4,433.01	-4,139.01
2260 · ANNUITY WITHHELD	0.00	8,021.87
2296 · DD Task Force Liability	2,258.58	2,258.58
2400 · DEFERRED REVENUE	39,720.79	29,492.30
Total Other Current Liabilities	114,809.60	129,181.60
Total Current Liabilities	131,879.25	139,812.93

11:19 AM

OPTIONS AND ADVOCACY FOR MCHENRY COUNTY INC

05/14/24

Balance Sheet

Accrual Basis

As of April 30, 2024

	Apr 30, 24	Apr 30, 23
Long Term Liabilities		
2295 · Due to Illinois DHS	10,815.38	21,630.78
2306 · LESS- CURRENT MATURITIES	-17,840.10	-17,131.83
2309 · CLBT Mortgage	431,923.07	449,248.23
Total Long Term Liabilities	424,898.35	453,747.18
Total Liabilities	556,777.60	593,560.11
Equity		
3310 · UNRESTRICTED GENERAL FUND	663,816.95	611,789.17
3320 · RESTRICTED NET ASSETS	71,432.24	56,069.24
Net Income	34,156.56	85,220.79
Total Equity	769,405.75	753,079.20
TOTAL LIABILITIES & EQUITY	1,326,183.35	1,346,639.31

OPTIONS AND ADVOCACY FOR MCHENRY COUNTY INC

Profit & Loss Prev Year Comparison

July 2023 through April 2024

	Jul '23 - Apr 24	Jul '22 - Apr 23
Ordinary Income/Expense		
Income		
4210 · STATE GRANTS	890,402.12	829,847.51
4300 · ISBE FUNDING REVENUE	402,821.21	406,394.13
4400 · MCHENRY COUNTY FUNDING	413,333.30	404,166.65
4510 · ARPA	218,713.98	0.00
4511 · ARPA client payments	919.95	0.00
4600 · OTHER GRANTS/INCOME		
4600-10 · McHENRY CTY COMMUNITY FOUNDATIO	19,000.00	9,500.00
4600 · OTHER GRANTS/INCOME - Other	65,085.00	12,481.00
Total 4600 · OTHER GRANTS/INCOME	84,085.00	21,981.00
Total Income	2,010,275.56	1,662,389.29
Expense		
5000 · ADMINISTRATIVE WAGES	120,253.38	115,430.39
5020 · CLERICAL WAGES	41,116.42	34,601.56
5030 · DIRECT SERVICES	1,297,819.96	998,886.22
5112 · TAXES-FICA/MEDICARE	107,742.82	86,070.31
5120 · BANK & CREDIT CARD FEES	1,333.06	751.91
5150 · INSURANCE-GROUP	63,177.07	53,813.65
5155 · INSURANCE-WORKERS COMPENSATION	2,311.20	1,545.50
5158 · INSURANCE-GENERAL	12,396.30	12,394.42
5200 · DUES & SUBSCRIPTIONS	8,764.38	3,686.50
5245 · KITCHEN & BATHROOM SUPPLIES	938.56	730.84
5250 · LEGAL & ACCOUNTING SERVICES	68,135.05	58,299.03
5260 · MEETING EXPENSE		
5261 · Staff Meeting Expense	65.22	90.38
5262 · Client/Group Meeting Expense	1,115.80	1,428.52
5260 · MEETING EXPENSE - Other	6,206.02	642.93
Total 5260 · MEETING EXPENSE	7,387.04	2,161.83
5265 · MISC EXPENSE	12,331.51	4,212.01
5270 · OFFICE SUPPLIES	15,283.35	7,932.30
5275 · PROGRAM SUPPLIES		
5276 · Client Supplies	4,271.35	2,178.31
5277 · Curriculum/Educational Supplies	2,065.02	1,192.07
5275 · PROGRAM SUPPLIES - Other	5,364.44	1,242.58
Total 5275 · PROGRAM SUPPLIES	11,700.81	4,612.96
5280 · POSTAGE & DELIVERY	4,764.65	6,323.09
5282 · PRINTING & REPRODUCTION	5,437.69	1,449.28
5285 · PROFESSIONAL FEES	32,250.60	20,065.00
5300 · REPAIRS & MAINTENANCE	25,095.06	6,511.49
5305 · EQUIPMENT RENTAL	0.00	1,524.00

11:21 AM

05/14/24

Accrual Basis

OPTIONS AND ADVOCACY FOR MCHENRY COUNTY INC

Profit & Loss Prev Year Comparison

July 2023 through April 2024

	Jul '23 - Apr 24	Jul '22 - Apr 23
5315 · SEMINARS & TRAININGS		
5316 · Registration Fees	4,321.63	0.00
5315 · SEMINARS & TRAININGS - Other	14,735.41	6,203.94
Total 5315 · SEMINARS & TRAININGS	19,057.04	6,203.94
5320 · EMPLOYMENT RECRUITMENT	7,286.64	1,867.25
5340 · TRAVEL EXPENSE		
5341 · Mileage Reimbursement	196.04	0.00
5340 · TRAVEL EXPENSE - Other	35,312.13	40,086.25
Total 5340 · TRAVEL EXPENSE	35,508.17	40,086.25
5345 · TELEPHONES/PROVIDER	20,762.30	18,609.22
5350 · TELEPHONES/MAINTENANCE	40,583.19	40,712.52
5355 · TELEPHONES/EQUIPMENT	15,182.44	19,639.99
5358 · TELEPHONES/CELLULAR PHONE	16,662.50	16,104.31
5360 · UTILITIES	10,312.42	8,905.57
5365 · CONDOMINIUM ASSOCIATION FEES	21,954.20	21,112.90
5375 · INTEREST EXPENSE	14,966.09	14,656.84
5395 · DEPRECIATION EXPENSE	28,784.88	28,278.27
Total Expense	2,069,298.78	1,637,179.35
Net Ordinary Income	-59,023.22	25,209.94
Other Income/Expense		
Other Income		
4810 · CONTRIBUTIONS-UNRESTRICTED	2,840.00	40,639.00
4815 · CONTRIBUTIONS-RESTRICTED	4,135.93	2,964.71
4845 · INTEREST INCOME		
4845-98 · INTEREST INCOME-ENDOWMENT FUND	4,895.61	4,356.14
4845 · INTEREST INCOME - Other	469.67	156.38
Total 4845 · INTEREST INCOME	5,365.28	4,512.52
4865 · MISCELLANEOUS INCOME	4,762.76	6,089.76
4867 · FUNDRAISING INCOME	86,239.32	18,753.35
Total Other Income	103,343.29	72,959.34
Other Expense		
4870 · FUNDRAISING EXPENSES	18,578.55	9,358.18
4885 · ENDOWMENT FD-UNREALIZED G/L	0.00	1,176.01
4899 · GRANT/OTHER EXPENSES		
4899-10 · MHB-Transportation Grant	613.36	0.00
4899 · GRANT/OTHER EXPENSES - Other	1,787.00	12,887.74
Total 4899 · GRANT/OTHER EXPENSES	2,400.36	12,887.74
4910 · Administrative Fees	0.00	341.96
5400 · BAD DEBT EXPENSE	-10,815.40	-10,815.40
Total Other Expense	10,163.51	12,948.49
Net Other Income	93,179.78	60,010.85
Net Income	34,156.56	85,220.79